



**Asociatia “Organizatia Studentilor din Facultatea de Mecanica Craiova” –OSFM / Student Organization from Faculty of Mechanics” Craiova** - Calea Bucuresti, nr. 107 H – Craiova, Dolj, ROMANIA

### **Empower it socially! – EIS**

#### **Training Course – Granted by the European Commission – Youth in Action – Action 4.3**

The contract with the NA starts on 15/01/2013

The contract finishes on May 10/05/2013

***Activities’ Dates – 9<sup>th</sup> to 16<sup>th</sup> of April 2013 – Craiova, ROMANIA***

#### **A. WHAT’S EIS?**

Empower it socially! is a training course that aims at equipping a group of 21 youth workers and youth leaders from 7 countries, youth workers and youth leaders working directly with youth with fewer opportunities with entrepreneurial skills and competencies required for developing initiatives for their target groups. Through the non-formal education techniques and methodologies, the TC aims at supporting the youth workers in identifying the needs of youth with fewer opportunities and develop the social intervention plans as participation opportunities for this particular group of youth. The youth workers will also be trained as multipliers of NFE methodologies in working with youth with fewer opportunities, youth that requires specific attention, in a context fully affected by the financial crisis. Consequently, through the social intervention plans and through the future project ideas, the youth workers will develop with their peers sustainable initiatives on stimulating the youth’s participation in their working communities. The TC also

promotes the YiA's Social Inclusion Strategy and prioritizes the participation of youth with fewer opportunities, as participants, in the project. Leadership, facilitation and education for citizenship will also be reinforced as educational perspectives through the 8 days' activities. More than this, we will also be promoting the importance of the structured dialogue through setting up an experiential structured dialogue scheme, for the project, in Craiova, in order to test the social intervention plans. Non-formal education as well as the new European Commission's initiatives of recognizing the qualifications and skills' acquired outside the formal system will be promoted and valorized through the training course.

## **B. EIS' OBJECTIVES?**

The training's objectives:

1. Training 21 youth workers and youth leaders working directly with youth with fewer opportunities, using non-formal education tools and methodologies in order to develop schemes that would determine higher employability for youth with fewer opportunities.
2. Structuring a learning space that would determine skills and competencies' acquisition using the 8 key competencies.
3. Developing a learning methodology based on NFE that would be easy to replicate in the sending associations and supporting the youth workers and youth leaders in the replication process.
4. Promoting Youth in Action and its Inclusion Strategy.

## **C. WHO ARE THE PARTNERS?**

The partners – 7 partners from Greece, Bulgaria, Slovenia, Turkey, Poland, Romania and Italy:

1. **EMEIS KAI O KOSMOS/NUESTRO MUNDO – HERAKLION, CRETE, GREECE - [WWW.NUESTROMUNDO.GR](http://WWW.NUESTROMUNDO.GR)**

“Emeis kai o Kosmos/Nuestro Mundo” is a non-profit Non Governmental Organization (N.G.O.) based in Heraklion, Crete, Greece. Its main inspiration is to act as a youth actor of positive change in Cretan local communities by fostering intercultural exchange and linking local to global issues.

- running of local and European formal and non-formal educational and youth mobility projects (mainly focused on global education and social economy);
- running of art-related projects to raise environmental awareness;
- commercialization of fair trade products and local bio-products;
- provision of education, training and consulting on social economy and social entrepreneurship (mainly on organic agriculture and women entrepreneurship)
- maintenance of the daily updated website: [www.nuestromundo.gr](http://www.nuestromundo.gr)
- Examples of European projects “Emeis kai o Kosmos/Nuestro Mundo” took part as partner in include European youth initiatives and training courses supported by the “Youth in Action” programme and the Council of Europe/ European Youth Centre. “Emeis kai o Kosmos/Nuestro Mundo” has been one of the first civil society organizations that introduced fair and solidarity trade in Crete and established European and regional networks to promote its local development. (It maintains solid collaborations with the “Terra Verde” cooperative of the Social Centre for Immigrants in Chania, Crete; the “Sporos” fair trade cooperative in Athens; the “Koukoutsi” cooperative of bioproducers and craftsmen in Crete; the Italian Association of World Shops; the Italian social cooperative “Libero Mondo”, the “Cibopertutti” Italian network for food sovereignty, etc). Among its local partners are also the University of Crete and its students’ photography group.

Organizational structure: The NGO’s organizational structure is horizontal. The strategic management comes from its board members. All regular members contribute to the running of local and European initiatives, and, through their donations, to the NGO’s economic sustainability too.

## 2. INTERNATIONAL YOUTH ACTIVITY CENTER -SOFIA, BULGARIA

IYAC Bulgaria is working together with the non-governmental organization “Sports club Economist” and the Student Council of University of National and World Economy, which have a lot of experience in different projects in the youth field. IYAC (International Youth Activity Center) is a youth organization that works in the youth field in Sofia, Bulgaria. We have developed a very good network of partner organizations in Bulgaria and abroad. In addition, we are working in very good cooperation with the institutions responsible for the youth sector. IYAC Bulgaria has taken part in many youth exchanges in Turkey, Macedonia, Romania, Estonia, Poland, Serbia, Spain, etc.

## TURKIYE GENCLIK BIRLIGI DERNEGI – TGBDER, ANKARA, TURKEY

Turkey Youth Union Association has been founded in 1997. Our main aims are; young people's active participation into the management in the educational institutions and the occupation branches they work in; their being able to develop their creative skills; being respectful to the human rights and having democratic values, behaviors and actions, developing the organization awareness. And one of the major aims of our organization is finding solutions for difficulties and problems that the youth encounter, supporting their individual and social development. Precisely, we are a youth association working for the cultural and social development and participation of children and young people especially with fewer opportunities with having the aim to promote peace, solidarity and mutual understanding among people from different cultures as well as providing opportunities for young people to develop themselves. TGBDER is working with a staff having experience in preparation, organization, coordination of local, national and international projects. They are also giving counseling service to other public or non governmental bodies. To reach these aims we organize local, national and international events:

- -“A communication and Coordination Network in Youth: Turkey National Youth Council - (Ref no:DELTUR/MEDTQ/021-04)-2004-2005
- -“Let's get organized!” Action 5 Contact making seminar (supporting organization of youth, developing youth policies, sustainable partnerships)-2004
- -“Street League Project”- (Supporting disadvantaged children's integration into the society using football as a tool)-2006
- -“Can you always get what you want?” Action 1.1 Youth Exchange (money vs. values in different European cultures)-2006
- -“L'arte e diversa!” Action 3.1 Youth exchange (Using art as a tool to integrate disabled young people into the society)-2008

- -“Reconstructing Babel Tower!” Action 1.1 Youth Exchange (Developing innovative communication techniques for young people having different cultures)-2008
- -“Touch Other’s Life” Action 1.1 Youth Exchange (Empowering solidarity)-2008
- -“Different Perceptions Common Points” Action 1.1 Youth Exchange (Perceptual similarities and differences of different cultures)-2008
- -“Money Ruins Our Future” Action 1.1 Youth Exchange (Protecting environment)-2009
- -“No Barriers for participation” Long Term Project (Series of trainings for deaf and hard of hearing young people on civil society, volunteering, human rights and project management)- 2010-2011
- -“I saw, I heard, I know” Long Term Project (Supporting active participation of young people with disabilities into society)- 2011-2012
  - trainings, workshops, panels, competitions, exhibitions.

#### 4. STOWARZYSZENIE AKTYWIZACJI SPOŁECZNEJ “TU RAZEM” (ASSOCIATION “HERETOGETHER”) – WROCLAW, POLAND

Association “TuRazem” (“HereTogether”) were set in 2009. All the members are volunteers and work on the fields of social awareness, social inclusion, non-formal education, supporting tolerance and diversity. We also have projects about healthy lifestyle and ecology. Our regular activities are: workshops for students and an older people (language, computer courses; seminars about unemployment, assertiveness); events for ecology and healthy lifestyle; meeting and workshops for seniors and youngsters together. We also were co-organizers of many projects, for example “Afrykamery” (Festival of African movies and culture), or workshops for students interested in setting their own business. We work for youngsters and for older people as well.

Our Association is also very interested in subject area like tolerance and non-discrimination. We were taking part in Youth Exchange in Romania. The title of the project was “Dice2Prejudice” and next which is continuation of the first project and was called “StereoDice”. We also send youth leaders to Training Courses.

## 5. SCIENTIFIC AND RESEARCH ASSOCIATION FOR ART, CULTURAL-EDUCATIONAL PROGRAMMES AND TECHNOLOGY

### EPEKA – MARIBOR, SLOVENIA – [WWW.EPEKA.SI](http://WWW.EPEKA.SI)

Scientific and research association for art, cultural-educational programmes and technology EPeKa was established in 2008 for purpose creating and developing cultural program of Maribor-European Capital of Culture 2012. From that year on we are active on the field of contemporary art, ICT, non-formal education, science, ecology, youth programm and volunteering especially in EU Youth in action programm.

We have also cooperated by gaining the title European Capital of Youth, which will be held in Maribor 2013.

Some of our past projects as head organizer or coordinator are:

- Youth exchange CultEco (exchange about ecology, enviroment, globalisation, consumption)
- ECO Festival (festival that combines audio-visual art, music, ecology and non-formal education)
- Energy Union (EPeKa organised tour stop Maribor of EU project about intelligent energy)
- YE European Capital of Culture Radio (non-formal education on the field of journalism, promoting EU citizenship and Maribor as an European Capitol of Culture 2012)
- YE No water, No life (project about ecology and water management)
- YE Cultural diffusion – Mission Impossible? (theatre, concerts, literature, graphitti,...)
- Round table about European Capital of Youth in Maribor (Maribor is ECY in 2013)
- Music concerts (Coldcut, A Forest, DJ Mint...)

- YE Zapping the Inequality; Influence of Mass Media on Gender Inequality
- YE Crack the Barriers through Photography
- YE Europe vitAMIn (about immigrants in EU)
- TC Come and work with me in France (project as a platform for future cooperations)
- Art exhibitions of painter Marko Jakše and comic artists Miki Muster and Tomaz Lavric
- European Capital of Culture 2012 new year countdown (project used for promotion ECOC 2012)
- TC Volunteer Hearts (project about EVS and promoting of volunteerism)
- Opening of EU-China year of Youth in Brussels.

EPeKa is multicultural and is working also with Roma people, that are living in Slovenia. We are collaborating and working with them especially in organisation of cultural events, non-formal education and as a partner of ROMfest festival.

## 6. ITALY – AGENZIA PER LA PROMOZIONE DEI GIOVANI – CAVA DA' TIRRENI, ITALY

Is a NGO that aims at promoting the active youth participation in Campania region. For this purpose, APG is working with different local youth forums, organizing event such as : youth exchanges, debates, public participation events. APG is also actively working on social entrepreneurship, empowering local initiative groups to develop their own participation structures.

## 7. ROMANIA – STUDENTS' ASSOCIATION FROM THE FACULTY OF MECHANICS – PARTNERING WITH CENTER FOR SUSTAINABLE COMMUNITY DEVELOPMENT – [WWW.CDCD.RO](http://WWW.CDCD.RO), CENTER FOR EDUCATIONAL RESOURCES AND TRAINING – CERT.



## D. EIS PROGRAMME

Day	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
Breakfast							
Arrivals	Getting to know eachother  Teambuilding games	Inclusion through Social Theatre	What's social entrepreneurship?	Developing the Social intervention plan	The projects' gallery	Mission Impossible – developing future projects' ideas	Evaluation session 2
Lunch							
Arrivals	NGOs' Fair and Tool Fair  Youth in Action / YiA Inclusion Strategy	Empower it practically! – World Café  The youth worker as a social entrepreneur	Social entrepreneurship and Leadership  City Safari	Beneficiaries in need – how to tackle the needs of youth with fewer opportunities?	The Sharks' Arena – public presentation of the intervention plans	Youthpass and the 8 key competencies  Evaluation session 1	Departures
Reflection Time							
Dinner							

Tools' Sharing							
Welcome evening	Social Games and Board Games	Intercultural evening	Craiova by night	Free evening	Evening organized by the participants	Farewell party	

### E. PRACTICAL DETAILS:

- According to Youth in Action rules, the participants have their accommodation and meals' costs covered 100%
- The travel costs reimbursed 70% - during the project, in Romania, on condition of having all the travel documents – please; book the 2 ways tickets for all the tickets you are purchasing!
- Reimbursing 100% visa costs if required.
- The accommodation will be provided in rooms with 2 and 3 beds in <http://pensiunea.flormang.ro/> - Flormang 2 and 3.

Country	Number of Participants	Max. travel costs per participant – 100%	70% to be reimbursed
1. Greece	3	250 eur	175 eur
2. Turkey	3	250 eur	175 eur
3. Slovenia	3	200 eur	140 eur
4. Italy	3	250 eur	175 eur
5. Poland	3	250 eur	175 eur
6. Bulgaria	3	100 eur	70 eur
7. Romania	3	0	0

**Book the tickets to Bucharest International Airport – Henri Coanda. From here, to get to Craiova, use the bus 780 or the train – you can buy tickets in the airport! Please, make sure that you book flights that arrive to Bucharest the latest 16:00 on April 9<sup>th</sup> and leave Bucharest after 13:00 on the 16<sup>th</sup> of April!**

**780**

**Plecări spre GARA BASARAB**

ZI DE LUCRU			
5:30	10:30	17:00	22:20
6:05	11:02	17:30	23:05
6:35	11:32	18:00	
7:02	12:00	18:30	
7:30	13:00	18:05	
7:57	14:00	18:40	
8:25	15:00	20:10	
8:55	15:35	20:40	
8:28	16:00	21:00	
10:00	16:30	21:35	

SAMBATA			
5:25	10:50	16:50	22:10
6:05	11:20	17:20	23:00
7:00	11:55	17:55	
7:25	12:30	18:30	
7:50	13:10	18:55	
8:20	13:45	19:30	
8:50	14:25	19:55	
8:20	15:10	20:20	
8:50	15:50	21:00	
10:20	16:20	21:30	

DUMINICA			
5:25	10:50	16:50	22:10
6:05	11:20	17:20	23:00
7:00	11:55	17:55	
7:25	12:30	18:30	
7:50	13:10	18:55	
8:20	13:45	19:30	
8:50	14:25	19:55	
8:20	15:10	20:20	
8:50	15:50	21:00	
10:20	16:20	21:30	

## How to get to Craiova?

Once you get to GARA de NORD, go and book tickets at CASA de BILETE – the round trip tickets – departure from Bucharest on April 9<sup>th</sup> and return on April 16<sup>th</sup> – you also need specify the train and the departure hour (also the departure hour from Craiova, on April 16<sup>th</sup>!) The price of a one way ticket is around 60 lei (aprox. 15 eur).

### Train's schedule from Bucharest Nord to Craiova – April 9<sup>th</sup>:

[Plecari/Sosiri](#)

[Informatii tren](#)

[Rute](#)

[Home](#)

Parametri cautare

De la

Bucuresti Nord

La

Craiova

Data calatoriei

7-Februarie-2013

Interval plecare

00:00 23:59

Numar rute

17

[Modificare](#)

[Cautare](#)

[Intoarcere](#)

Pret

Rang

Tren

Statia

Ora

Durata

Distanta

Servicii

Restrictii

IR

72

Bucuresti Nord  
Craiova

Ple  
Sos

05:45  
08:38

02:53

209

1

2

X

IR

1591

Bucuresti Nord  
Craiova

Ple  
Sos

06:45  
09:43

02:58

209

1

2

IR

1691

Bucuresti Nord  
Craiova

Ple  
Sos

10:45  
13:44

02:59

209

2

	<b>IR</b>	1693	Bucuresti Nord Craiova	Ple Sos	12:45 15:43	02:58	209	
	<b>IR</b>	1825	Bucuresti Nord Craiova	Ple Sos	14:45 17:47	03:02	209	





[Plecari/Sosiri](#)
[Informatii tren](#)
[Rute](#)
[Home](#)

### Parametri cautare

**De la**  
Bucuresti Nord
 **La**  
Craiova
 **Data calatoriei**  
7-Februarie-2013
 **Interval plecare**  
00:00 23:59
 **Numar rute**  
17

[Modificare](#)
[Cautare](#)
[Intoarcere](#)

Pret	Rang	Tren	Statia	Ora	Durata	Distanta	Servicii	Restrictii
	<b>IC</b>	593	Bucuresti Nord Craiova	Ple Sos	15:45 18:37	02:52	209	
	<b>IR</b>	1823	Bucuresti Nord Craiova	Ple Sos	16:45 19:46	03:01	209	
	<b>IR</b>	1595	Bucuresti Nord Craiova	Ple Sos	17:45 20:48	03:03	209	
	<b>IR</b>	1597	Bucuresti Nord	Ple	19:45	02:59	209	

			Craiova	Sos	22:44			
	<b>IR</b>	1695	Bucuresti Nord Craiova	Ple Sos	21:46 00:45	02:59	209	
	<b>IR</b>	1821	Bucuresti Nord Craiova	Ple Sos	23:45 02:51	03:06	209	







**Trains' schedule on April 16<sup>th</sup> – From Craiova to Bucharest Nord**

[Plecari/Sosiri](#)
[Informatii tren](#)
[Rute](#)
[Home](#)

**Parametri cautare**

**De la** Craiova      **La** Bucuresti Nord      **Data calatoriei** 7-Februarie-2013      **Interval plecare** 00:0-1 00:0-1      **Numar rute** 17

[Modificare](#)
[Cautare](#)
[Intoarcere](#)

Pret	Rang	Tren	Statia	Ora	Durata	Distanta	Servicii	Restrictii
	<b>IR</b>	1822	Craiova Bucuresti Nord	Ple 02:42 Sos 05:43	03:01	209		
	<b>IR</b>	1696	Craiova Bucuresti Nord	Ple 04:20 Sos 07:15	02:55	209		
	<b>IR</b>	1594	Craiova	Ple 05:00	03:00	209		

			Bucuresti Nord	Sos	08:00							
	IR	1826	Craiova Bucuresti Nord	Ple Sos	07:15 10:15	03:00	209					
	IR	1692	Craiova Bucuresti Nord	Ple Sos	10:10 13:10	03:00	209					
	IC	592	Craiova Bucuresti Nord	Ple Sos	11:20 14:10	02:50	209					
	IR	1824	Craiova Bucuresti Nord	Ple Sos	12:20 15:23	03:03	209					
	IR	1894	Craiova Bucuresti Nord			Ple Sos	12:45 16:54	04:09	250			
	IR	1596	Craiova Bucuresti Nord			Ple Sos	14:15 17:13	02:58	209			
	IR	1590	Craiova Bucuresti Nord			Ple Sos	16:15 19:10	02:55	209			
	R	2022	Craiova Bucuresti Nord			Ple Sos	16:55 20:31	03:36	209			
	IR	73	Craiova Bucuresti Nord			Ple Sos	19:32 22:27	02:55	209			



**Important information to consider:**

- **Romanians do use lei/ RON so you won't be able to use EUR to pay for the tickets – to check the currency rate, go to [www.bnr.ro](http://www.bnr.ro)**
- **On the 16<sup>th</sup> of April, make sure that you'd have at least 3 hours between your train's arrival and your flight!**

**We will be looking forward to meet you all, in Craiova and to EMPOWER SOCIALLY!**

**For additional information and questions:**

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